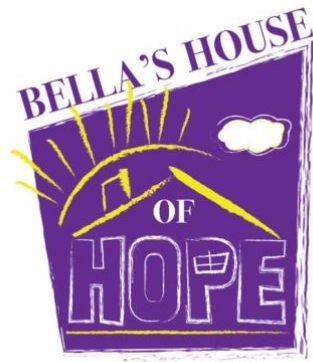


February



2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Parent Check-ins	7	8	9 Mentor Meeting 6:30pm	10	11 FREE YOGA at Radys Shell! Register at theshell.org
12	13 Parent Check-ins Homemade Valentines day card contest!!	14 <i>Happy Valentines!</i> Homemade Valentine's day card contest!!! Details TBD	15 Parent Support Group (English) 6:30pm	16	17	18
19	20 Parent Check-ins	21	22	23	24	25 CPR Training TBD, Coffee meet and greet! 11am
26 SD Family Fun Fest FREE see below!!	27 Spanish Parent Support Group 6:30pm	28				

Contact Info
Mobile 619 992-7769 email: grobles@bhoh.org

To participate in groups PLEASE DOWNLOAD THE AP ZOOM TO YOUR PHONE

Link is provided the day of virtual support group

*friendly reminder, program eligibility is contingent upon regular group attendance



Get ready for nonstop play at *San Diego Family Magazine's* San Diego Family Fun Fest!

This free event will be held on Sunday, February 26, 10 am-1 pm at the Salvation Army Kroc Center (in the Corner Zone), 6845 University Ave., San Diego, 92115.

Have a blast with tons of Family Fun Activities & Resource Booths!

Bounce House • 40" Inflatable Obstacle Course • Zipline • Swings • Double Shot Basketball • Angry Birds Slingshot • Imagination Station Playground Blocks • & more!

Win cool raffle prizes, explore family resources and take playtime to a whole new level. Register at : <https://www.eventbrite.com/e/san-diego-family-fun-fest-tickets-478638148587>