

BEING A SINGLE
PARENT IS NOT A LIFE
FULL OF STRUGGLES,
BUT A JOURNEY FOR
THE STRONG

-Meg Lowrey



May 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2	3
4	5 New Intakes	6	7 Meeting with Sycuan Golf 10am- FIS away from desk	8 Individual Check-ins	9	10
11 	12 Mentor Meeting 7pm	13	14	15 Individual Check-ins	16 Coffee Meet and Greet Liberty Station 11am	17
18 Explore Nature with your children contest!	19 Floodwater Food Distribution 2pm	20 Parent Support Group 7pm	21	22 Individual Check-ins	23 Walk and Talk Sessions	24
25	26 New Intakes	27 New Parent Orientation	28	29 Individual Check-ins	30 Walk and Talk Sessions	31
						

Notes

*Reminder, New Parent orientations and Parent support Groups are mandatory to remain eligible for BHOH. These meeting are held vis ZOOM. The link will be sent to you, no sign-up is necessary. Questions? Call or message Gina Robles at 619 992-7769.



Check out the San Diego Family Magazine for FREE local activities and exciting SUMMER CAMP OPTIONS!!!! SIGN UP EARLY AND APPLY FOR SCHOLARSHIPS!!!!!!!!!!!!!!